



SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L 3:00 Sunday Documentary - S <i>"Rotten"</i> 3:30 Art Club - A	2 LABOR DAY 9:30 Fitness Class - A 10:30 Knitting & Crocheting - B 1:00 Sing Along with Adam - A 2:00 Cards - L 4:00 *Personal Fitness - F 5:00 Float Social - B	3 9:30 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>Father Scott Kirby</i> 1:00 Seated Yoga - F 2:00 Classic Board Game - L <i>Scrabble</i> 3:00 *Paint and Sip - B 4:00 Garden Club - B	4 9:30 Fitness Class - A 11:00 Rosary & Communion - A 11-1:30 *Chair Massage - F 1:00 Women's Book Club - L 2:00 Cards - L 3:00 Karaoke with Jen - C 4:00 *Personal Fitness - F	5 9:30 Seated Pilates (Video) - F 10:30 *Festival Shopping 10:30 Crossword Puzzle - L 1:00 Bible Study with Jack - P 2:00 Catholic Mass - A 4:00 Happy Hour - C <i>Suzie and Friends</i>	6 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Karol Hommen</i>	7 9:30 Seated Yoga with TBD - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 2:30 Badgers vs Central MI 3:00 Saturday Matinee - S <i>"The Help"</i> 9:30 Gophers vs Fresno State
8 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L 3:00 Sunday Documentary - S <i>"Heal"</i> 3:30 Art Club - A	9 9:30 Fitness Class - A 10:30 Knitting & Crocheting - B 1:00 Sing Along with Cathy - A 2:00 Cards - L 4:00 *Personal Fitness - F 5:00 Walking Club - O	10 9:30 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>Pastor Jack Olson</i> 1:00 Seated Yoga - F 2:00 Classic Board Game - L <i>Monopoly</i> 3:00 *Paint and Sip - B 4:00 Women's Golf Putting	11 9:30 Fitness Class - A 11:00 Rosary & Communion - A 1:00 Birthday Social - A 2:00 Resident Council - A 2:00 Cards - L 3:45 Savvy Seniors - A 4:00 *Personal Fitness - F	12 9:30 Seated Pilates (Video) - F 10:30 *Target Shopping 10:30 Crossword Puzzle - L 2:00 Crokinole - L 4:00 Happy Hour - C <i>Jerry Way</i>	13 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Elanor Nelson</i>	14 9:30 Seated Yoga with TBD - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 2:30 Gophers vs GA Southern 3:00 Saturday Matinee - S <i>"Shrek"</i>
15 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 11-2:00 Packer Party - B 1:00 Cards - L 3:00 Sunday Documentary - S <i>"Nova: The Impossible Flight"</i> 3:30 Art Club - A	16 9:30 Fitness Class - A 10:30 Knitting & Crocheting - B 1:00 Sing Along with Adam - A 2:00 Cards - L 4:00 *Personal Fitness - F 5:00 Walking Club - O	17 9:30 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>Father Scott Kirby</i> 1:00 Seated Yoga - F 2:00 Classic Board Game - L <i>Clue</i> 3:00 *Paint and Sip - B 4:00 Women's Golf Putting	18 9:30 Fitness Class - A 11:00 Rosary & Communion - A 11-1:30 *Chair Massage - F 1:00 Men's Book Club - L 2:00 Cards - L 4:00 *Personal Fitness - F	19 9:30 Seated Pilates (Video) - F 10:30 *Festival Shopping 10:30 Crossword Puzzle - L 2:00 Crokinole- L 2:00 Parkinson's Support Group - A 4:00 Happy Hour - C <i>Gordon Berry</i>	20 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Randy Luedtke</i>	21 9:30 Seated Yoga with TBD - F 10:00 Mug Club - P 11:00 Badgers vs Michigan 12:00 *Manicures - B 1:30 Card Club - L 3:00 Saturday Matinee - S <i>"The Jungle Book"</i>
22 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L 3:00 Sunday Documentary - S <i>"20 Feet From Stardom"</i> 3:30 Art Club - A	23 9:30 Fitness Class - A 10:00 Activities Meeting - B 10:30 Knitting & Crocheting - B 1:00 Sing Along with Cathy - A 2:00 Cards - L 4:00 *Personal Fitness - F 5:00 Walking Club - O	24 9:30 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>Pastor Jack Olson</i> 1:00 Seated Yoga - F 2:00 Classic Board Game - L <i>Sorry</i> 3:00 *Paint and Sip - B 4:00 Women's Golf Putting	25 9:30 Fitness Class - A 11:00 Rosary & Communion - A 1:00 Acts of Kindness Group - B 1-4:00 Flu Shot Clinic - C 2:00 Cards - L 4:00 *Personal Fitness - F	26 9:30 Seated Pilates (Video) - F 10:30 *Target Shopping 10:30 Crossword Puzzle - L 2:00 Harvest Festival 4:00 Happy Hour - C <i>Larry Heagle</i>	27 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Karol Hommen</i>	28 9:30 Seated Yoga with TBD - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 3:00 Saturday Matinee - S <i>"Stranger than Fiction"</i> TBD Badgers vs Northwestern TBD Gophers vs Purdue
29 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L 3:00 Sunday Documentary - S <i>"The Remarkable Life of John Weld"</i> 3:30 Art Club - A	30 9:30 Fitness Class - A 10:00 Activities Meeting - B 10:30 Knitting & Crocheting - B 1:00 Sing Along with Adam - A 2:00 Cards - L 4:00 *Personal Fitness - F 5:00 Walking Club - O		Locations A - Amen Corner B - Bogey's Bistro C - Clubhouse	F - Fitness Studio L - Lucky's Game Room O - Outside P - Palmer's Restaurant S - Salon	*Sign Up Located at Front Desk	AL/IL Activities Calendar