

# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>MC Activities Calendar</b>	<b>Locations</b> A - Amen Corner AR - Activity Room C - Clubhouse	CR - Craft Room F - Fare Way Café O - Outside P - Palmer's Restaurant T - TV Room			1 10:30 Fitness Class - T 1:00 Bingo - F 2:30 Music and Mingle - T <i>Adam K</i> 3:30 Stretching Class - F 5:30 Board Games - AR	2 10:15 Morning Exercise - T 10:45 Word Games - T 1:00 Saturday Fun - F <i>Beach Volleyball</i> 2:00 Saturday Matinee - T	
	3 9:30 Catholic Mass - TV-9 10:30 Fitness Class - F 10:30 Lutheran Service - TV-9 1:00 Crafting - CR 1:30 Sunday Matinee - T	4 10:30 Fitness Class - T 1:00 Sing Along with Adam - A 2:00 Craft with Mikelle - CR <i>Cookies and Coloring</i> 3:00 Uno - AR 3:45 Stretching Class - T 5:30 Book Club - F	5 10:00 Fitness Class - T 10:30 Worship Service - A 1:00 Music with Suzie - T 2:00 Yahtzee - AR 3:00 From the Kitchen - F 3:30 Building Project 5:30 Movie & Game Night- T	6 10:00 Music with Matt - T 11:00 Rosary & Communion - A 1:00 Bowling - F 2:00 Story Board - T 2:30 Fitness Class 3:00 Chef Room Visits 3:00 Group Crossword - AR 5:30 Card Games - AR	7 10:00 Yoga with Abigail - T 10:30 Music with Matt - T 1:00 Craft with Mallory - CR <i>Birthdays Cards</i> 2:00 Catholic Mass - A 2:00 Thursday Movie/Popcorn - T 2:30 Manicures - CR 4:00 Happy Hour - C 6:00 Evening Sing Along - T	8 10:30 Fitness Class - T 1:00 Bingo - F 2:30 Music and Mingle - T <i>Karol Hommen</i> 3:30 Stretching Class - F 5:30 Board Games - AR	9 10:15 Morning Exercise - T 10:45 Word Games - T 1:00 Saturday Fun - F <i>Miniature Golf</i> 2:00 Saturday Matinee - T
	10 9:30 Catholic Mass - TV-9 10:30 Fitness Class - F 10:30 Lutheran Service - TV-9 1:00 Crafting - CR 1:30 Sunday Matinee - T	11 10:30 Fitness Class - T 1:00 Sing Along with Kathy - A 2:00 Craft with Mikelle - CR <i>Shamrock Painting</i> 3:00 Uno - AR 3:45 Stretching Class - T 5:30 Book Club - F	12 10:00 Fitness Class - T 10:30 Worship Service - A 1:00 Music with Suzie - T 2:00 Yahtzee - AR 3:00 From the Kitchen - F 3:30 Building Project - AR 5:30 Movie & Game Night- T	13 10:00 Music with Matt - T 11:00 Rosary & Communion - A 1:00 Bowling - F 2:00 Coffee and Coloring 2:30 Fitness Class 3:00 Chef Room Visits 3:00 Group Crossword - AR 5:30 Card Games - AR	14 10:00 Yoga with Abigail - T 10:30 Music with Matt - T 1:00 Craft with Mallory - CR <i>Leprechaun Masks</i> 2:00 Thursday Movie/Popcorn - T 2:30 Manicures - CR 4:00 Happy Hour - C <i>The Shillelagh Lads</i> 6:00 Evening Sing Along - T	15 10:30 Fitness Class - T 1:00 Bingo - F 2:30 Music and Mingle - T <i>Adam K</i> 3:30 Stretching Class - F 5:30 Board Games - AR	16 10:15 Morning Exercise - T 10:45 Word Games - T 1:00 Saturday Fun - F <i>Noodle Games</i> 2:00 Saturday Matinee - T
	17 9:30 Catholic Mass - TV-9 10:30 Fitness Class - F 10:30 Lutheran Service - TV-9 1:00 Crafting - CR 1:30 Sunday Matinee - T	18 10:30 Fitness Class - T 1:00 Sing Along with Adam - A 2:00 Craft with Mikelle - CR <i>"Happy Spring" Sign</i> 3:00 Uno - AR 3:45 Stretching Class - T 5:30 Book Club - F	19 10:00 Fitness Class - T 10:30 Worship Service - A 1:00 Music with Suzie - T 1:30 Crafts and Games with Altoona Students 2:00 Yahtzee - AR 3:00 From the Kitchen - F 3:30 Building Project - AR	20 10:00 Music with Matt - T 11:00 Rosary & Communion - A 1:00 Bowling - F 2:00 Pie and Coffee at Perkins 2:00 Fitness Class 3:00 Chef Room Visits 3:00 Group Crossword - AR 5:30 Card Games - AR	21 10:00 Yoga with Abigail - T 10:30 Music with Matt - T 1:00 Craft with Mallory - CR <i>Bookmarks</i> 2:00 Thursday Movie/Popcorn - T 2:30 Manicures - CR 4:00 Happy Hour - C 6:00 Evening Sing Along - T	22 10:30 Fitness Class - T 1:00 Bingo - F 2:30 Music and Mingle - T <i>Karol Hommen</i> 3:30 Stretching Class - F 5:30 Board Games - AR	23 10:15 Morning Exercise - T 10:45 Word Games - T 1:00 Saturday Fun - F <i>Bean Bags</i> 2:00 Saturday Matinee - T
	24/31 9:30 Catholic Mass - TV-9 10:30 Fitness Class - F 10:30 Lutheran Service - TV-9 1:00 Crafting - CR 1:30 Sunday Matinee - T	25 10:30 Fitness Class - T 1:00 Sing Along with Kathy - A 2:00 Craft with Mikelle - CR <i>Flower Pretzel Bites</i> 3:00 Uno - AR 3:45 Stretching Class - T 5:30 Book Club - F	26 10:00 Fitness Class - T 10:30 Worship Service - A 1:00 Music with Suzie - T 2:00 Yahtzee - AR 3:00 From the Kitchen - F 3:30 Building Project - AR 5:30 Movie & Game Night- T 5:30 Janelle's School of Irish Dance	27 10:00 Music with Matt - T 11:00 Rosary & Communion - A 1:00 Bowling - F 2:00 Story Board - T 2:30 Fitness Class 3:00 Chef Room Visits 3:00 Group Crossword - AR 5:30 Card Games - AR	28 10:00 Yoga with Abigail - T 10:30 Music with Matt - T 1:00 Craft with Mallory - CR <i>Yarn Shamrocks</i> 2:00 Thursday Movie/Popcorn - T 2:30 Manicures - CR 4:00 Happy Hour - C 6:00 Evening Sing Along - T	29 10:30 Fitness Class - T 1:00 Bingo - F 2:30 Music and Mingle - T <i>Adam K</i> 3:30 Stretching Class - F 5:30 Board Games - AR	30 10:15 Morning Exercise - T 10:45 Word Games - T 1:00 Saturday Fun - F <i>Bowling</i> 2:00 Saturday Matinee - T