

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AL/IL Activities Calendar</b>	<b>*Sign Up Located at Front Desk</b>	<b>Locations</b>  A - Amen Corner B - Bogey's Bistro C - Clubhouse	F - Fitness Studio L - Lucky's Game Room O - Outside P - Palmer's Restaurant S - Salon		1 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 <b>Music and Mingle - C</b> <i>(Mardi Gras Theme)</i> <i>Karol Hommen</i>	2 9:30 Seated Yoga - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 <b>Saturday Matinee - S</b> <i>"Angela's Ashes"</i>
3 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	4 9:30 Fitness Class - A 11:00 Knitting & Crocheting - B 1:00 <b>Sing Along with Adam - A</b> 2:00 Cards - L 3:00 *Personal Fitness - F	5 9:00 Seated Exercise (Video) - F 10:30 <b>Ecumenical Worship - A</b> <i>(Father Scott Kirby)</i> 1:00 Seated Yoga - F 2:00 From the Kitchen - C 3:00 Wii Bowling - A	6 9:30 Fitness Class - A 11:00 <b>Rosary &amp; Communion - A</b> 11-1:30 *Chair Massage - F 1:00 Women's Book Club - L 2:00 Cribbage Club - B 3:00 Cards - L 3:45 <b>Savvy Seniors - A</b>	7 9:00 Seated Pilates (Video) - F 10:30 *Festival Shopping 10:30 Crossword Puzzle - L 1:00 Bible Study with Jack - P 2:00 <b>Catholic Mass - A</b> 4:00 <b>Happy Hour - C</b> <i>Suzie Kendziera</i>	8 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 <b>Music and Mingle - C</b> <i>Gary Polden</i>	9 9:30 Seated Pilates (Video) - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 <b>Saturday Matinee - S</b> <i>"Leap Year"</i>
10 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	11 9:30 Fitness Class - A 11:00 Knitting & Crocheting - B 1:00 <b>Sing Along with Kathy - A</b> 2:00 Cards - L 3:00 *Personal Fitness - F	12 9:00 Seated Exercise (Video) - F 10:30 <b>Ecumenical Worship - A</b> <i>(Pastor Jack Olson)</i> 1:00 Seated Yoga - F 2:00 Menu Group - A 3:00 Wii Bowling - A	13 9:30 Fitness Class - A 11:00 <b>Rosary &amp; Communion - A</b> 1:00 <b>Birthday Social - A</b> 2:00 <b>Resident Council - A</b> 3:00 Cards - L	14 9:00 Seated Pilates (Video) - F 10:30 *Target Shopping 10:30 Crossword Puzzle - L 1:00 <b>Irish Heritage with Travis - A</b> 2:30 Bean Bags - A 4:00 <b>Happy Hour - C</b> <i>The Shillelagh Lads</i>	15 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 <b>Music and Mingle - C</b> <i>(Free Green Beer!)</i> <i>Eleanor Nelson</i>	16 9:30 Seated Yoga - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 <b>Saturday Matinee - S</b> <i>"The Wind That Shakes the Barley"</i>
17 <b>ST. PATRICK'S DAY</b> 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	18 9:30 Fitness Class - A 10-3 <b>*Free Hearing Tests with Miracle Ear</b> 11:00 Knitting & Crocheting - B 1:00 <b>Sing Along with Adam - A</b> 2:00 Cards - L 3:00 *Personal Fitness - F	19 9:00 Seated Exercise (Video) - F 10:30 <b>Ecumenical Worship - A</b> <i>(Father Scott Kirby)</i> 1:00 Seated Yoga - F 2:00 Kitchen Stories - P 3:00 Wii Bowling - A	20 9:30 Fitness Class - A 11:00 <b>Rosary &amp; Communion - A</b> 11-1:30 *Chair Massage - F 1:00 Men's Book Club - L 2:00 Cribbage Club - B 3:00 Cards - L	21 9:00 Seated Pilates (Video) - F 10:30 *Festival Shopping 10:30 Crossword Puzzle - L 1:00 <b>Garden Club - A</b> 2:30 Bean Bags - A 4:00 <b>Happy Hour - C</b> <i>Clearwater Connection</i> 6:30 <b>UWEC Symphony Orchestra at The Pablo center</b>	22 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 <b>Music and Mingle - C</b> <i>Jim Sexton</i>	23 9:30 Seated Pilates (Video) - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 <b>Saturday Matinee - S</b> <i>"Brave"</i>
24/31 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	25 9:30 Fitness Class - A 11:00 Knitting & Crocheting - B 1:00 <b>Sing Along with Kathy - A</b> 2:00 Cards - L 3:00 *Personal Fitness - F	26 9:00 Seated Exercise (Video) - F 10:30 <b>Ecumenical Worship and Communion - A</b> <i>(Pastor Jack Olson)</i> 1:00 Seated Yoga - F 2:00 Interactive Kitchen - P 3:00 Wii Bowling - A 5:30 <b>Janelle's Irish Dancers - C</b>	27 9:30 Fitness Class - A 11:00 <b>Rosary &amp; Communion - A</b> 1:00 <b>The Dust Bowl Documentary, Part 1 - A</b> 2:00 Cribbage Club - B 3:00 Cards - L	28 9:00 Seated Pilates (Video) - F 10:30 *Target Shopping 10:30 Crossword Puzzle - L 1:00 <b>The Dust Bowl Documentary, Part 2 - A</b> 2:30 Bean Bags - A 4:00 <b>Happy Hour - C</b> <i>Suzie Kendziera</i>	29 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 <b>Nurse Talks - L</b> <i>"All About the Heart"</i> 1:00 *Balance Class - F 2:00 Bingo - A 3:30 <b>Music and Mingle - C</b> <i>Kyle Reinke</i>	30 9:30 Seated Yoga - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 <b>Saturday Matinee - S</b> <i>"Far and Away"</i>