



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AL/IL Activities Calendar	*Sign Up Located at Front Desk				1 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Kyle Reinke</i> 6:30 *UWEC Faculty Voice Concert at The Pablo Center	2 9:30 Seated Yoga - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 Saturday Matinee - S <i>"Groundhogs Day"</i>
3 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L 3:00 Super Bowl Party - B 5:30 Super Bowl Game - TV-7	4 9:30 Fitness Class - A 11:00 Flower Arranging with Mikelle- B 1:00 Sing Along with Adam - A 2:00 Cards - L 3:00 *Personal Fitness - F	5 9:00 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>(Father Scott Kirby)</i> 1:00 Seated Yoga - F 2:00 From the Kitchen - C 3:00 Wii Bowling - A	6 9:30 Fitness Class - A 11:00 Rosary & Communion - A 11-1:30 *Chair Massage - F 1:00 Women's Book Club - L 2:00 Cribbage Club - B 3:00 Cards - L 3:45 Savvy Seniors - A	7 9:00 Seated Pilates (Video) - F 10:30 *Festival Shopping 10:30 Crossword Puzzle - L 1:00 Bible Study with Jack - P 2:00 Catholic Mass - A 4:00 Happy Hour - C <i>Lyle Miller</i>	8 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Deborah Frederick</i>	9 9:30 Seated Pilates (Video) - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 Saturday Matinee - S <i>"Flipped"</i>
10 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	11 9:30 Fitness Class - A 11:00 Knitting & Crocheting - B 1:00 Sing Along with Gary - A 2:00 Cards - L 3:00 *Personal Fitness - F	12 9:00 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>(Pastor Jack Olson)</i> 1:00 Seated Yoga - F 2:00 Menu Group - A 3:00 Wii Bowling - A	13 9:30 Fitness Class - A 10:30 Memoir Writing Group - C 11:00 Rosary & Communion - A 1:00 Birthday Social - A 2:00 Resident Council - A 3:00 Cards - L	14 VALENTINE'S DAY 9:00 Seated Pilates (Video) - F 10:30 *Target Shopping 10:30 Crossword Puzzle - L 1:00 Valentine's Cooking Show with PBS's Inga Witscher 2:30 Bean Bags - A 4:00 Happy Hour - C <i>Jim Radloff</i>	15 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Eleanor Nelson</i>	16 9:30 Seated Pilates (Video) - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 Saturday Matinee - S <i>"Valentine's Day"</i>
17 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	18 9:30 Fitness Class - A 11:00 Knitting & Crocheting - B 1:00 Sing Along with Adam - A 2:00 Cards - L 3:00 *Personal Fitness - F	19 9:00 Seated Exercise (Video) - F 10:30 Ecumenical Worship - A <i>(Father Scott Kirby)</i> 1:00 Seated Yoga - F 2:00 Kitchen Stories - P 3:00 Wii Bowling - A	20 9:30 Fitness Class - A 11:00 Rosary & Communion - A 11-1:30 *Chair Massage - F 1:00 Men's Book Club - L 2:00 Cribbage Club - B 3:00 Cards - L	21 9:00 Seated Pilates (Video) - F 10:30 *Festival Shopping 10:30 Crossword Puzzle - L 1:00 Garden Club- A <i>Suzuki Speaks Documentary</i> 2:30 Bean Bags - A 4:00 Happy Hour - C <i>Kyle Reinke</i>	22 9:30 Fitness Class - A 10:30 Current Events Discussion - B 1:00 *Balance Class - F 2:00 Bingo - A 3:30 Music and Mingle - C <i>Karol Hommen</i>	23 9:30 Seated Yoga - F 10:00 Mug Club - P 12:00 *Manicures - B 1:30 Card Club - L 4:00 Saturday Matinee "Adrift" - S 6:30 *CV Jazz Orchestra at The Pablo Center
24 9:30 Catholic Mass - TV-9 10:30 Lutheran Service - TV-9 1:00 Cards - L	25 9:30 Fitness Class - A 11:00 Knitting & Crocheting - B 1:00 Sing Along with Karol - A 2:00 Cards - L 3:00 *Personal Fitness - F	26 9:00 Seated Exercise (Video) - F 10:30 Ecumenical Worship and Communion - A <i>(Pastor Jack Olson)</i> 1:00 Seated Yoga - F 2:00 Interactive Kitchen - P 3:00 Wii Bowling - A	27 9:30 Fitness Class - A 10:30 Memoir Writing Group - C 11:00 Rosary & Communion - A 2:00 Cribbage Club - B 3:00 Cards - L	28 9:00 Seated Pilates (Video) - F 10:30 *Target Shopping 10:30 Crossword Puzzle - L 1:00 Cinema Club - B 2:30 Bean Bags - A 4:00 Happy Hour - C <i>Larry Heagle</i>	Locations A - Amen Corner B - Bogey's Bistro C - Clubhouse	F - Fitness Studio L - Lucky's Game Room O - Outside P - Palmer's Restaurant S - Salon