




# NOVEMBER ACTIVITIES



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p style="text-align: center;"><b>THE GARDEN ACTIVITIES CALENDAR</b></p>	<p><b>31 HAPPY HALLOWEEN!</b> 10:00—Tentative time for trick or treaters! *Time Subject to change Fitness -LUNCH- BINGO <b>Trick or Treat Game!</b> <b>Candy Catch</b> <b>Halloween A-Z</b> <b>Spooky Stories</b> <b>Halloween BINGO!</b> Sing a Long -DINNER- 4:45 <b>Doggo Visit with Lizzy!</b> Yoga</p>	<p><b>1</b> Fitness Beach Ball Toss/Kick -LUNCH- BINGO Afternoon Stretch Magic Letter Giant Jenga Music and Dancing! -DINNER- Virtual Concert and Popcorn!</p>	<p><b>2</b> Fitness Games! -Exercise Ball Shootin' Hoops -LUNCH- Coffee and Corny Jokes <b>Get to Know Your Neighbors!</b> Magazine Scavenger Hunt! <b>Baking Group: Kitchen Sink Cookie!</b> Bowling True or False? -DINNER- Yoga <b>5:30 Saxophone with Volunteer Jarett!</b></p>	<p><b>3</b> Fitness Ingredient Game! -LUNCH- Giant Crossword Afternoon Stretch <b>Flower Arranging!</b> <b>Drumming Fun!</b> Target Toss! Sing a Long -DINNER- Cosmic Volleyball</p>	<p><b>4</b> Fitness Music and Dancing! -LUNCH- Cookies and Coloring Helping Hands "Beer" Pong <b>3:00 Happy Hour with Adam!</b> -DINNER- BINGO Night</p>	<p><b>5</b> Fitness Whiteboard &amp; Word Games -LUNCH- Giant Left Center Right Tabletop Bowling <b>Chocolate Pudding!</b> Alphabet Game Sing a Long Residents Choice Game</p>	
	<p><b>6</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Dice List Flickin' Chickens Reminiscing Questions</p>	<p><b>7 National "Talk Money" Week!</b> Fitness Noodle Hockey -LUNCH- Watercolor Painting for the grandkids! Helping Hands Lacing Cards <b>Money Catch!</b> Balloon Volleyball Sing a Long -DINNER- Yoga</p>	<p><b>8</b> Fitness Shake Loose a Memory -LUNCH- Afternoon Stretch Giant Jenga Magic Letter Giant Yahtzee! <b>Flute with Skye!</b> Music and Dancing! -DINNER- Virtual Concert and Popcorn!</p>	<p><b>9</b> Fitness Games! -Exercise Ball Shootin' Hoops -LUNCH- BINGO <b>Baking Group: Chocolate Pudding Trifle</b> Bowling True or False? -DINNER- Finish the Lyric!</p>	<p><b>10</b> Fitness Ingredient Game! -LUNCH- Giant Crossword Afternoon Stretch <b>Funny Faces Game</b> Target Toss! Sing a Long -DINNER- Cosmic Volleyball</p>	<p><b>11 HAPPY VETERANS DAY!</b> <b>10:30 Veterans Day Program</b> -LUNCH- Picture Puzzles "The Price is Right" "Beer" Pong <b>3:00 Happy Hour with: Suzie!</b> -DINNER- BINGO Night</p>	<p><b>12</b> Fitness Whiteboard &amp; Word Games -LUNCH- Flip Cards and Dice Tabletop Bowling <b>Chocolate Pudding!</b> Short Stories! Sing a Long Residents Choice Game</p>
	<p><b>13</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Hats &amp; Coffee Tongue Twisters Reminiscing Questions</p>	<p><b>14 National Pickle Day!</b> Fitness Bowling! -LUNCH- Watercolor Painting for the grandkids! Helping Hands Find a Match <b>Pick a Pickle!</b> Balloon Volleyball! Sing a Long <b>3:30 Dpg Visit with Jerry</b> -DINNER- Yoga</p>	<p><b>15</b> Fitness Beach Ball Toss/Kick -LUNCH- BINGO Afternoon Stretch Magic Letter Giant Jenga Music and Dancing! -DINNER- Virtual Concert and Popcorn!</p>	<p><b>16</b> Fitness Games! -Exercise Ball Shootin' Hoops -LUNCH- Coffee and Corny Jokes <b>Get to Know Your Neighbors!</b> Magazine Scavenger Hunt! <b>Baking Group: Nutter Butter Brownies</b> Bowling True or False? -DINNER- Yoga <b>5:30 Saxophone with Volunteer Jarett!</b></p>	<p><b>17</b> 10:15 Worship and Communion Fitness -LUNCH- Giant Crossword Afternoon Stretch <b>Spa Session!</b> Nerf Gun Can Shoot Red or Black Card Game Sing a Long -DINNER- Cosmic Volleyball</p>	<p><b>18</b> Fitness Music and Dancing! -LUNCH- Cookies and Coloring Helping Hands "Beer" Pong <b>3:00 Happy Hour with Adam</b> -DINNER- BINGO Night</p>	<p><b>19</b> Fitness Whiteboard &amp; Word Games -LUNCH- Giant Left Center Right Tabletop Bowling <b>Chocolate Pudding!</b> Alphabet Game Sing a Long Residents Choice Game</p>
	<p><b>20</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Dice List Flickin' Chickens Reminiscing Questions</p>	<p><b>21 World Fisheries Day!</b> Fitness Parachute -LUNCH- Watercolor Painting for the grandkids! Helping Hands <b>1:30 Chair Massages with Michelle</b> Lacing Cards <b>Fishing Fun!</b> Balloon Volleyball Sing a Long -DINNER- <b>4:45 Doggo Visit with Lizzy!</b> Yoga</p>	<p><b>22</b> Fitness Shake Loose a Memory -LUNCH- Afternoon Stretch Giant Jenga Magic Letter Giant Yahtzee! <b>Flute with Skye!</b> Music and Dancing! -DINNER- Virtual Concert and Popcorn!</p>	<p><b>23</b> Fitness Games! -Exercise Ball Shootin' Hoops -LUNCH- BINGO <b>Baking Group: Pumpkin Pie Monkey Bread</b> Bowling True or False? -DINNER- Finish the Lyric!</p>	<p><b>24 Happy Thanksgiving!</b></p> 	<p><b>25</b> Fitness Bean Bags -LUNCH- <b>1:00 Friendsgiving Party!</b> <b>3:00 Happy Hour with: Wayne</b> -DINNER- BINGO Night</p>	<p><b>26</b> Fitness Whiteboard &amp; Word Games -LUNCH- Flip Cards and Dice Tabletop Bowling <b>Chocolate Pudding!</b> Short Stories! Sing a Long Residents Choice Game</p>
	<p><b>27</b> Fitness Music and Dancing -LUNCH- BINGO <b>Popcorn!</b> Hats &amp; Coffee Tongue Twisters Reminiscing Questions</p>	<p><b>28 National Brand Day!</b> Fitness Bowling! -LUNCH- Watercolor Painting for the grandkids! Helping Hands <b>1:30 Chair Massage with Michelle</b> Find a Match <b>Name the Brand Quiz</b> Balloon Volleyball! Sing a Long <b>3:30 Dpg Visit with Jerry</b> -DINNER- Yoga</p>	<p><b>29</b> Fitness Beach Ball Toss/Kick -LUNCH- BINGO Afternoon Stretch Magic Letter Giant Jenga Music and Dancing! -DINNER- Virtual Concert and Popcorn!</p>	<p><b>30</b> Fitness Games! -Exercise Ball Shootin' Hoops -LUNCH- Coffee and Corny Jokes <b>Get to Know Your Neighbors!</b> Magazine Scavenger Hunt! <b>Baking Group: Banana Chocolate Chip Muffins</b> <b>November Birthday Social!</b> Bowling True or False? -DINNER- Yoga <b>5:30 Saxophone with Volunteer Jarett!</b></p>	<p><b>DECEMBER 1st</b> 10:15 Worship and Communion Fitness -LUNCH- Giant Crossword Afternoon Stretch <b>Christmas Wish Lists</b> Nerf Gun Can Shoot Red or Black Card Game Sing a Long -DINNER- Cosmic Volleyball</p>	<p><b>DECEMBER 2nd</b> Fitness Music and Dancing! -LUNCH- Cookies and Coloring Helping Hands "Beer" Pong <b>3:00 Happy Hour with Adam!</b> -DINNER- BINGO Night</p>	<p><b>DECEMBER 3rd</b> Fitness Whiteboard &amp; Word Games -LUNCH- Giant Left Center Right Tabletop Bowling <b>Chocolate Pudding!</b> Alphabet Game Sing a Long Residents Choice Game</p>

# ACTIVITY HIGHLIGHTS!

## **BAKING GROUP FEATURES!**

A new month means more delicious baking group features! Wednesdays this month it's time for Chocolate Pudding Trifle, Nutter Butter Brownies, Pumpkin Pie Monkey Bread & Banana Chocolate Chip Muffins!

## **VETERANS DAY**

Happy Veterans Day to all those who bravely served for our country! We are honored to celebrate you all during our 2022 Veterans Day Program! There will be a morning program at 10:30 am in our Garden Community, and another held at 1:00 pm in the Assisted/Independent Living Clubhouse on Friday, November 11th. We are also putting together a display of veterans uniforms, medals, or other memorabilia to be shown throughout the week of Veterans Day. The display will also be presented in the Clubhouse. If your loved one has something to be part of our display, please bring it to the desk for Rachel by Tuesday November 8th!

## **MUSIC THIS MONTH**

We are so thankful for all of the wonderful musicians that come to share their talents with us! This month we are excited to welcome back Jarett on his saxophone, Adam on the guitar, Suzie's singing and guitar, and our very own Skye on the flute! We also excited to see the music and vocals of Wayne on his guitar!

## **OBSCURE HOLIDAY CELEBRATIONS**

It's a holiday every Monday this month, and we intend to celebrate! And the more obscure, the more fun! This month we are celebrating "Talk Money Week" with a money catching game! "National Pickle Day" will be celebrated with our Pick a Pickle Game! There's also World Fisheries Day, and what better time for a fishing activity! Rounding out the list is National Brand Day where we will be reminiscing with an old fashioned brands logo game!

## **FRIENDSGIVING!**

November is one of our favorite times to be thankful for the many blessings we have in our lives. For our friends, family, food, shelter, and much more! The month wouldn't be complete without a Thanksgiving celebration, and here it comes! Friday, November 25th we will be having our Friendsgiving party, complete with many of our blessings of friends, food, and fun! All are welcome

## **HAPPY BIRTHDAY!**

**NOVEMBER 2** - Shirley P!

**NOVEMBER 9** - Garry H!

**NOVEMBER 17** - Jim G!

